Appendix 2 - Lancaster

By the end of secondary school:

Schools should continue to develop knowledge on topics specified for primary as required <u>and in addition</u> cover the following content by the end of secondary:

Families	Pupils should know • that there are different types of committed, stable relationships. Year 7- Autumn term 2 Year 8 - Autumn term 2 • how these relationships might contribute to human happiness and their importance for bringing up children. Year 7- Autumn term 2 Year 8 - Autumn term 2 • what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony. Year 7 - Spring term 1 • why marriage is an important relationship choice for many couples and why it must be freely entered into. Year 7 - Spring term 1 • the characteristics and legal status of other types of long-term relationships. Year 7 - Spring term 1 Year 8 - Spring term 1 Year 11 - Summer term 1 • the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting. Year 8 - Spring term 2 Year 11 - Summer term 1 • how to determine whether other children, adults or sources of information are trustworthy and being able to judge when a family, friend, intimate or other relationship is unsafe (they will also be able to recognise this in others' relationships) and how to seek help or advice, including reporting concerns about others, if needed.

	Year 7 - Autumn term 2 and Spring term 1 Year 8 - Autumn term 1 and Spring term 1 Year 9 - Spring term 2 and Summer term 1 Year 10 - Spring term 2 and Summer term 1 Year 11 - Summer term 1
Respectful relationships, including friendships	Pupils should know • the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. Year 7 - Autumn 2 and Spring 1 Year 8 - Autumn term 2 and Summer term 2 Year 9 - Spring term 1 and 2 and Summer term 1 Year 10 - Autumn term 1, Spring term 2 and Summer term 1 Year 11 - Spring term 2 and Summer term 1 • This includes different (non-sexual) types of relationship. Year 7 - Autumn term 2 Year 8 - Autumn term 2 and Spring term1 Year 9 - Summer term 1 and Summer term 2 Year 10 - Summer term 2

	• practical steps they can take in a range of different contexts to improve or support respectful relationships. Year 7 - Autumn term 2 Year 8 - Autumn term 2 and Spring term 1 Year 9 - Spring term 1 and 2 and Summer term 1 Year 10 - Summer term 2 • how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice). Year 7 - Autumn term 1 and Spring term 1 Year 8 - Spring term 2 and Spring term 1 Year 9 - Spring term 1 and Spring term 2 Year 10 - Autumn term 1 and Spring term 1 Year 11 - Spring term 2 • that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs. Year 7 - Summer term 1 Year 8 and 9 - Summer term 1 Year 10 - Summer term 2 Year 11 - Summer term 1 This is woven through other lessons across the year additionally to the one listed • about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help. Bullying will also be covered separately as part of other topics within PSHE such as 'citizenship, staying safe and anti-bullying week during Autumn term 2 in PSHE lessons. Tutor time activities and assemblies will also cover aspects of bullying as well as the following in SRE: Year 7 - Autunm term 1 and Summer Term 1 Year 8 - Summer term 1 Year 9 - Summer term 1 Year 10 - Summer term 2 • that some types of behaviour within relationships are criminal, including violent behaviour and coercive control. Year 7 - Autumn term 2 and Spring term 1 and 2 Year 8 - Autumn term 2 and Spring term 1 and 2

	Year 9 - Autumn term 1 and 2, Spring term 2 and Summer term 1 Year 10 - Spring term 2 and Summer term 1 Year 11 - Spring term 1 and 2 Summer term 1 and 2 This will also be covered in other areas of this topic and others throughout the course of the year for all year groups. • what constitutes sexual harassment and sexual violence and why these are always unacceptable. Year 7 - Spring term 2 Year 8 - Autumn term 2 and Spring term 1 and 2 Year 9 - Autumn term 1 Year 10 - Summer term 1 and 2 Year 11 - Spring term 2 and Summer term 1 • the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal. Year 7 - Autumn term 1 and 2 and Spring term 1 and 2 Year 8 - Autumn term 1 and 2 and Spring term 1 and 2 Year 9 - Autumn term 1 and 2 and Spring term 1 and 2 Year 10 - Autumn term 1 and 2 and Spring term 1 and 2 Year 11 - Spring term 1 and Summer term 2

• **Online and media**	Pupils should know There is another unit in our PSHE provision about staying safe and online safety the below outlines specific SRE unit coverage. • their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online. Year 7 - Autumn term 1 and 2 and Spring term 1 and 2 Year 8 - Autumn term 1 and 2 and Spring term 1 and 2 Year 9 - Autumn term 1 and Summer term 1 Year 10 - Autumn term 1 Year 11 - Spring term 1 • about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online. Year 7- Autunm term 1 and 2 Spring term 1 and 2 Year 8 - Autumn term 1 and 2 and Spring term 1 and 2 Year 9 - Autumn term 1 Year 10 - Autumn term 1 and Spring term 2 Year 11 - Spring term 1 • not to provide material to others that they would not want shared further and not to share personal material which is sent to them. Year 7 - Autumn 1 Year 8 - Autumn term 1 and 2 and Spring term 1 and 2 Year 9 - Autumn term 1 Year 10 - Autumn term 1, Spring term 2 and Summer term 1 Year 11 - Spring term 1 • what to do and where to get support to report material or manage issues online. Year 7 -Summer term 1 Year 8 - Autumn term 1 Year 9 - Autumn term 1 Year 10 - Autumn term 1, Spring term 1 and Summer term 1 Year 11 - Spring term 1 • the impact of viewing harmful content.

	Year 7 - Autumn 1 Year 8 - Autumn term 1 and Spring 2 Year 9 - Autumn term 1, Spring term 1 and 2 and Summer term 2 Year 10 - Autumn 1, Spring 1 and Summer 1 Year 11 - Spring term 1 • that specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners. Year 8 - Autumn 2 and Summer term 2 Year 9 - Autumn 2 and Summer term 1 Year 10 - Summer term 1 Year 11 - Spring term 2 and Summer term 1 • that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail. Year 8 - Autumn 2 and Spring term 1 and 2 Year 9 - Autumn 1 and Autumn 2 Year 11 - Summer term 1 • how information and data is generated, collected, shared and used online. Staying safe online unit - each year group will cover this topic. This is interwoven across several lesson and topics.
Being safe	Pupils should know

	• the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships. ALL Year groups FGM- is explicitly covered in year 8 Summer 1 • how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online). Year 7 - Spring term 1 and 2 Year 8 - Autumn term 2 and Summer term 2 Year 9 - Spring term 2 and Summer term 2

	Year 10 - Autumn term 2, Summer term1 and Summer term 2 Year 11- Spring term 2 and Summer term 1
Intimate and sexual relationships, including sexual health	Pupils should know • how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship. ALL year groups • that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing. ALL year groups • the facts about reproductive health, including fertility, and the potential • that there are choices in relation to pregnancy (with medically and legally accurate, impact of lifestyle on fertility for men and women and menopause. Year 7 - Spring term 2 (also covered in science curriculum) Year 9 - Summer term 1 Year 10 - Spring term 2 and Summer term 1 Year 11 - Spring term 2 and Summer term 1 • that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others. ALL year groups • that they have a choice to delay sex or to enjoy intimacy without sex. ALL year groups • the facts about the full range of contraceptive choices, efficacy and options available. Year 10 - Summer term 2 Year 11 - Summer term 1 • the facts around pregnancy including miscarriage.

	• impartial information on all options, including keeping the baby, adoption, abortion and where to get further help). Year 10 - Summer term 2 • how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing. Year 10 - Summer term 2 Year 11 - Spring term 2 • about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment. Year 11 - Summer term 1 and 2 • how the use of alcohol and drugs can lead to risky sexual behaviour. Links in other unit goes across all year groups at an age-appropriate level. • how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment. Year 10 - Summer term 2 Year 11 - Summer term 1